DIY Baby Play Activities

Many of these activities use some of the same materials. While their individual costs may be high, many items, like ball pit balls, only need to be bought once to be used for a variety of activities.

If on a limited budget, consider buying items that have the most uses.

Things to Collect

- Empty Cereal Boxes
- Empty Pringles Cans
- Empty Voss Water Bottles
- Empty Cylinder Oatmeal Containers
- Cardboard Boxes
- Sensory Surfaces/Textured Materials

Things to Have on Hand

- Pipe Cleaners
- Construction Paper
- Packing Tape
- Masking Tape
- Duct Tape
- Hot Glue
- Yarn
- Buckets/Tubs/Baskets various sizes

Things to Purchase

(not on hand items, like pipe cleaners)

Item	Number of Activities	Cost
Ball Pit Balls	3	\$13 (per 100)
Pool Noodle Pieces	4	\$20 (\$1 per noodle)
1.5" Pom Poms	5	\$2 (per 20)
12"x12" Foam Puzzle Tiles	2	\$20 (set of 20)
Foam Shapes	3	\$12 (100 sheets)

Dollar Tree Items

- Muffin Tins
- Cookie Sheets
- Colanders
- Jump Ropes
- Whisks
- Hair Gel (sensory bags)
- Easter Grass

- Pool Noodles
- Balloons
- Paintbrushes (water play)
- Playing Cards
- Laundry Baskets
- Smoothie Straws
- Rice

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Baby Time Boredom PLA Conference—2024

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DIY Baby Play Activities

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Activity	Details	How to Make	
Cereal Boxes & Straws	 Materials: Empty Cereal Boxes Smoothie Straws Pencil Packing Tape Time to Make: 10 min. Cost: \$0-10 	 Collect empty cereal boxes. Tape all sides of the box to make the seams sturdier. Punch holes in the front of the box using a pencil or similar tool. Test a straw to make sure your holes are large enough for a straw to fit but not so large that the straw flops over and falls into the box. Optional: Make a pattern with your straw holes, such as a letter of the alphabet. 	
Muffin Tin Play	 Materials: Muffin Tins Ball Pit Balls 1.5" Pom Poms Construction Paper (optional) Time to Make: 20 min. (if adding colored circles) 5 min. (if no circles) Cost: \$20+ 	 Put out ball pit balls (or pom poms) and muffin tins. Optional: Cut colored circles and tape or hot glue into the cups of a muffin tin. Make sure these match the colors of the ball pit balls or pom poms you have. 	

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Activity	Details	How to Make	
Water Painting	 Materials: Hard Surface (tray) Construction Paper Water-Only Paintbrushes Reusable Cups Bucket for Clean Water Bucket for Dirty Water Paper Towels Time to Make: 5 min. Cost: < \$10	 Setup station with materials listed to the left. Put a piece of construction paper on a tray. Caregiver fills reusable cup with clean water (only about an inch per child). Child "paints" as long as they like. 	
Baby Pool Play	 Materials: Baby-Pool (hard plastic is less likely to be tipped by babies) Choice of Filling Fillings: Ball Pit Balls, Pool Noodle Pieces, Easter Grass, Shredded Paper, Receipt Paper, Puppets, Balloons, Rice, Beans, 1.5" Pom Poms Time to Make: < 5 min. Cost: \$10+ 	Fill pool with chosen materials.	

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Activity	Details	How to Make	
Pom Pom & Ball Drop	 Materials: Hard Backing Material Empty Pringles Cans Construction Paper Hot Glue Packing Tape Sharp Kitchen Knife 1.5" Pom Poms or Ball Pit Balls Time to Make: 30 min. Cost: \$15+ (depends if backing is available on hand) 	 Enforce edges of backing material as needed to make sure nothing is sharp. Use sharp kitchen knife to cut empty Pringles cans to a variety of lengths. A knife works great to cut an inch or so above the metal bottom of the can, removing all of the sharp bits in one cut. Measure your cut can's length. Cut a piece of construction paper to the same length. Optional: Laminate paper for durability. Wrap the construction paper around the can and tape it on securely. Hot glue construction-paper-wrapped cans to the backing materials. As needed, further secure each can by wrapping packing tape around the front to secure it to the board. 	
Texture Tiles	Materials: 12"x12" Foam Puzzle Tiles	 Decide how many tiles you are going to make. Cut textures to smaller than the size of 	
	Various Sensory SurfacesHot Glue	the tiles (about 10" x 10") Hot glue to attach textures to tiles (or	



Surfaces: Sandpaper, Cardboard, Bubble Wrap, Felt, Foam, Carpet, Craft Sticks, Googly Eyes, Pom Poms, Fur, Memory Foam, Pipe Cleaners, Rocks/Moss

Time to Make: 30 min.

Cost: \$20

to the tiles. *Check after each use for peeling items. Reinforce as needed.

• After glue has dried, thoroughly test all

surfaces to make sure items are stuck

use other adhesives as

necessary, like zip ties).

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Activity	Details	How to Make	
Pipe Cleaner Sculptures	 Materials: Colanders Pipe Cleaners Time to Make: < 5 min. Cost: \$5	 Make one sample. Put out collection of pipe cleaners and colanders. 	
Spider Web Baskets	 Materials: Laundry Baskets Yarn Baby Safe Toys Time to Make: 10 min. Cost: \$0 	 Find various baby-appropriate toys or non-choking hazard items. Place in a single layer of toys on the bottom of a laundry basket or similar basket with holes on the sides. Tie string across the basket. For older children, tie more string (make it more complicated). For younger children, tie less string. Make it challenging, but not so hard they lose interest. 	

DIY Baby Play Activities Details How to Make **Activity** Water Play Materials: Cover floor with tarp. Place tub of water with about 1-2" of water on Tub top of tarp. 84 Water Optionally, add play items: Floor Covering Hand Colanders—great for scooping Optional: Foam Shapes, Hand Colanders, up Duplos, foam shapes, and other Rubber Ducks, Duplos, Pool Noodle Pieces items Time to Make: Foam Shapes—pre-purchase or cut by hand or Ellison Die machine. Stick to windows or mirrors when wet. 5 min. (setup) Pool Noodle Pieces, Rubber Ducks— 20 min. (if cutting foam shapes) items that float Cost: \$0-10+ **Materials:** Liquid Tiles Trim laminating pouch to 9"x9". Use iron to seal two edges of laminating 12"x12" foam puzzle tiles pouch, creating a pocket (one edge sealed at 9"x12" lamination pouch start). Iron Fill pouch with 1-2 squirts of baby oil. Baby Oil Add choice of filling (glitter, foam shapes, etc.). Items to Add to Pouch: Glitter, Foam Remove as much air as possible. Shapes, etc. Iron shut fourth side of pouch. **Duct Tape** Thoroughly seal edges with duct tape, making Industrial hole punch duct tape border extend at least an inch Zip Ties beyond edge of pouch. Punch hole in each corner of pouch, with hole

Time to Make: 20 min

Cost: \$25+ (set)

overlapping duct tape but NOT lamination

Punch hole near each corner of foam tile.

Use zip ties to secure bag to tile.

pouch.

DIY Baby Play Activities Details How to Make **Activity** Materials: **Taped Toys** Collect baby-safe toys or small to medium baby-safe objects. Cardboard or Magnet Board Use masking tape to secure to Masking Tape cardboard, magnet board, or other hard Toys surface. Use one piece of tape per item, so Time to Make: 10 min items are easily removable by small hands. **Cost:** \$0-5 Materials: Use a pencil or other sharp tool to **Tugging Boxes** punch holes in all sides of box. (At Cardboard Box least two per side including top and Yarn, Ribbon, String, Rope bottom.) (various colors, Pull different types of yarn, ribbon, textures, and thickness) string through a pair of holes. Leave a Pencil few inches of extra string hanging out of one end of the box. Packing Tape Tie a large knot on each end of the string so it does not pull back into the Time to Make: 10 min. box when the other end is pulled. After all string is secure, use packing

Cost: \$0-10

tape to tape the lid of the box closed.

DIY Baby Play Activities **Activity Details How to Make** Materials: Cut pool noodles into Jump Rope Beading approximately 1-2" pieces. Heavy **Pool Noodle Pieces** duty scissors or a large kitchen Jump Ropes knife work best. Put out jump ropes and pool Time to Make: 10 min. noodle pieces. Cost: \$5-10 Inflate balloons. An electric **Materials: Balloon Play** balloon pump (\$20 on Amazon) is Balloons a game changer. Optional: Flyswatters Put out balloons on the floor or in a baby pool. Time to Make: 10 min. Optional: Also put out plastic flyswatters. This can result in Cost: \$0-10 babies hitting each other instead of the balloons Make sure to supervise this activity carefully. We have had many fewer popped balloons than expected, but make sure to

collect the remains as soon as they have

popped.

DIY Baby Play Activities **Activity Details How to Make** Materials: Magnet Play Put out cookie sheets and large, baby-safe magnets. Large Magnets • If making your own magnets, Cookie Sheets (Dollar Tree) make sure magnet piece is thoroughly attached to Time to Make: < 5 min. paper or large enough to not be a choking hazard if it falls off. Cost: \$5-10+ Materials: Cut pool noodles into Pool Noodle Abacus approximately 1-2" pieces. Heavy duty Pool Noodle Pieces scissors or a large kitchen knife work Yarn best. 2 Chairs Tie one end of thick yarn securely to a chair. String about 20 pool noodle pieces Time to Make: 10 min onto the piece of yarn. Make sure to leave enough room on Cost: \$2-5 the yarn for babies to move the pool noodle pieces around. Tie the other end of yarn to another chair.

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Activity	Details	How to Make	
Card Slot Drop	 Materials: Empty Cylinder Oatmeal Containers (or similar shaped containers) Playing Cards X-Acto Knife Duct Tape Time to Make: 10 min. Cost: \$0-5 	 Clean out empty oatmeal container. Cut a slit in the lid large enough for a playing card to go through. Wrap duct tape around edges of slit to cover all sharp pieces. Put out playing cards and empty oatmeal containers. 	
Sticky Paper	 Materials: Contact Paper Shipping Tape Foam Shapes Time to Make: 10 min. Cost: \$0-20	 Cut out foam shapes by hand or with Elision Die machine. Cut squares of contact paper. Tape to a flat surface in your room. Put out foam shapes (or other items) and encourage babies to see what sticks. 	

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Activity	Details	How to Make	
Sensory Board	 Materials: Tri-Fold Board (bright color) Various textured items Hot Glue Time to Make: 15 min. Cost: \$5+ 	 Cut a tri-fold board in half to create a baby-size board. A colored board makes the sensory board more visually appealing. Hot glue a collection of textured surfaces. Try to use a variety of textures and depths, with some items that can be manipulated in different ways (hanging ribbons that aren't entirely taped down, shower curtain rings hanging off side of board, etc.). 	
Pom Poms and Whisks	 Materials: Whisks 1.5" Pom Poms Time to Make: 5 min. Cost: \$5-10 	Stuff whisks with 1.5" or larger pom poms.	